



BODY AND SOUL WELLNESS CONFERENCE

HOSTED BY:
RURAL ALABAMA PREVENTION CENTER,
EUTAW, AL 35462

HOTEL CAPSTONE
320 PAUL W. BRYANT DRIVE
TUSCALOOSA, AL 35401

The purpose of this conference is to address wellness in churches and communities, while networking with other healthcare or wellness based organizations to promote healthy lifestyles. Our mission is to improve overall health of people living in our communities through the provision of preventive health services, education and resources.

GUEST SPEAKERS & TRAINING FACILITATORS:



Guest Speaker:
"Nutrition and Physical Fitness"
Professor Onikia Brown
Assistant Professor & Extension
Specialist
Auburn University



Guest Speaker:
"Church Wellness"
Dr. Michael Minor
President of Mid-South
Churches/National Director of
the H.O.P.E. Health and Human
Services
Hernando, MS



Training Facilitator:
Body and Soul Wellness
Sharon Haynes
Coosa County Extension
Coordinator
Alabama Cooperative
Extension System



Training Facilitator:
Community Health Workers
George Dixon
Project Director
Jefferson Comprehensive
Health Center
Mississippi Shine Project

We encourage pastors, church members, city officials, physicians, healthcare agencies to attend this conference. Church members that want to attend as a group transportation options available. All interested person(s) attending the conference, please RSVP Christina Carr at Rural Alabama Prevention Center 205-372-3514 by December 7th.

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